# Heterobilharzia americana (Liver flukes) in competition Labrador Retrievers









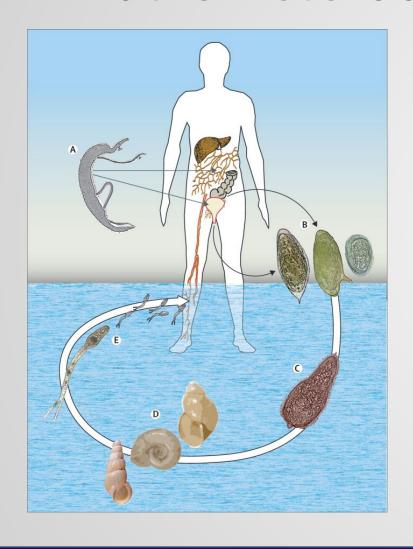
# Overview for tonight

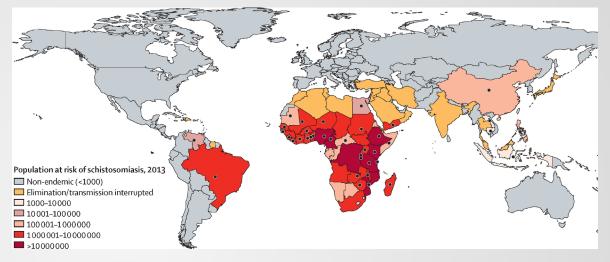
- What is *Heterobilharzia americana*?
- What does this infection do to dogs?
- My journey with *Heterobilharzia Americana*?
- What do we know? What are the knowledge gaps?
- Details about my project
- Future directions



WATERLOO AMATEUR RETRIEVER CLUB

#### What is Heterobilharzia americana?



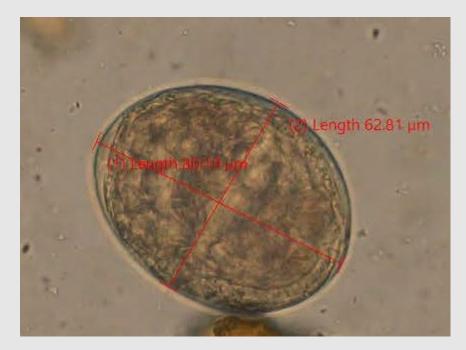






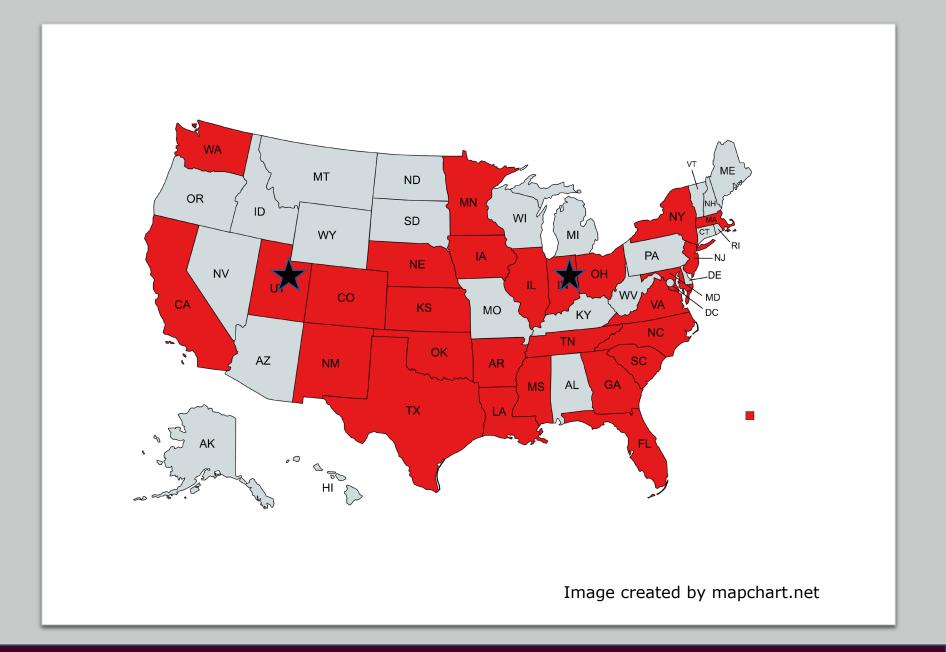


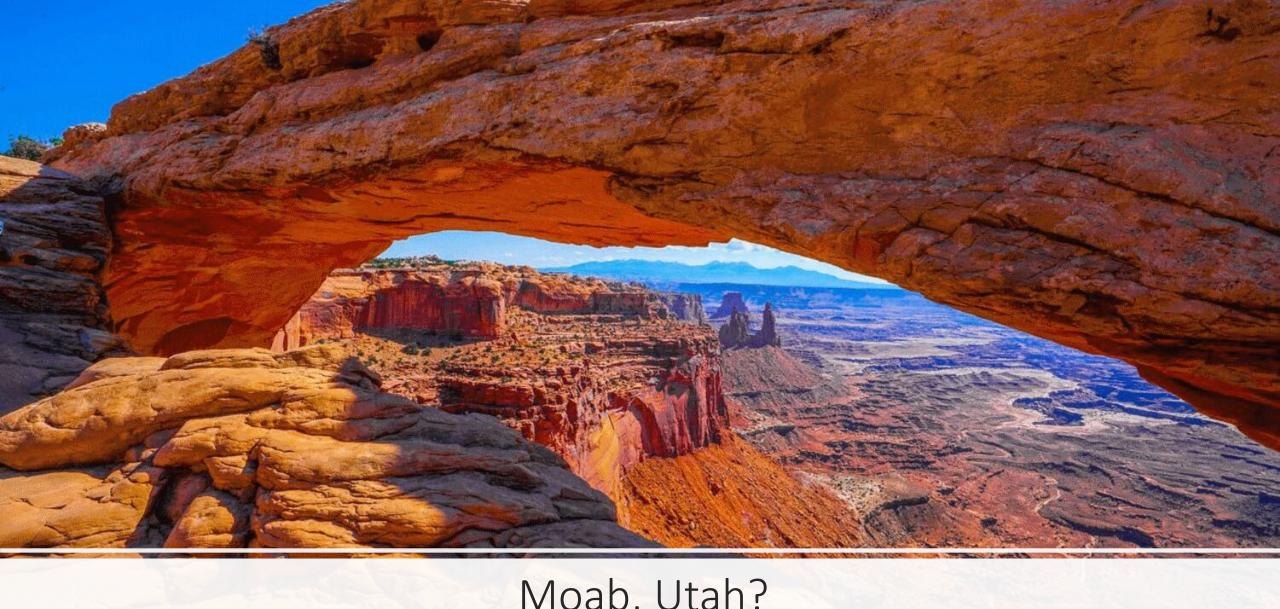
# Life cycle in dogs



Loker et al, One Health, 2021

Where has it been found in the US?

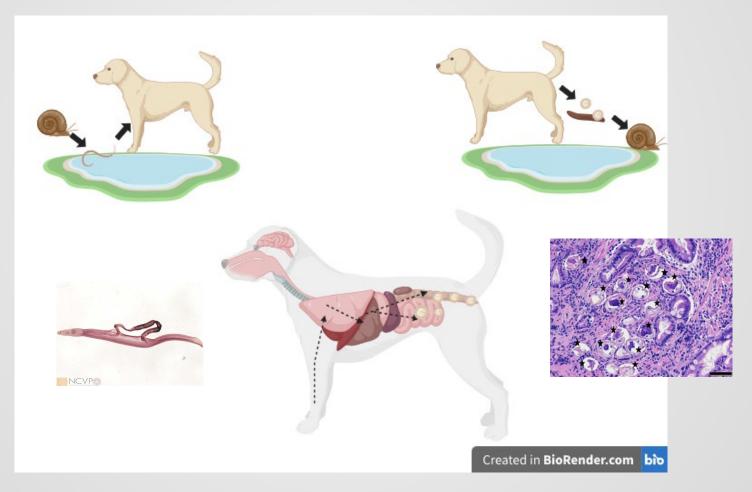


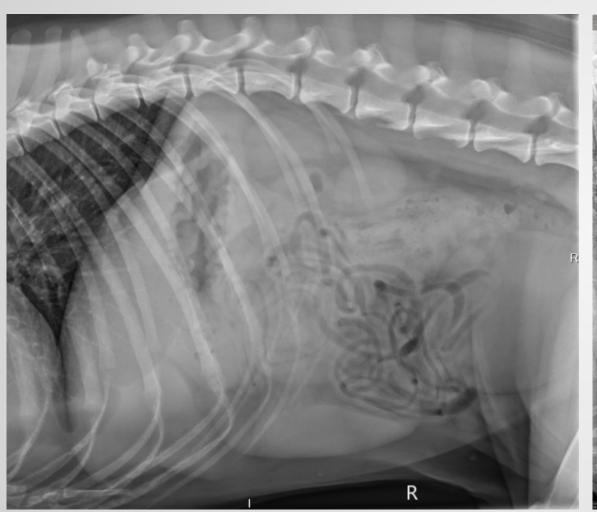


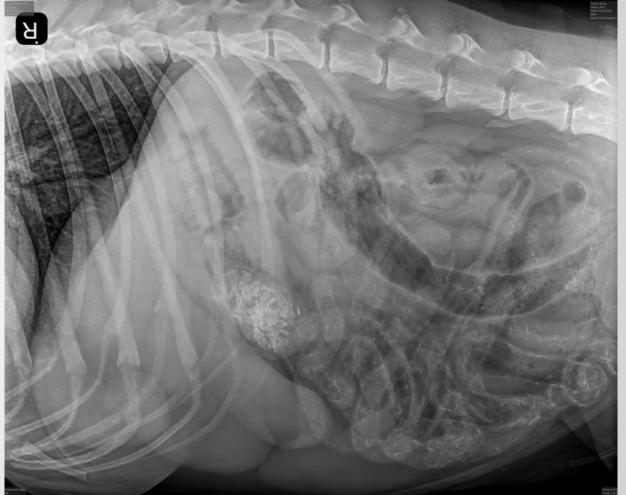
Moab, Utah?



# What does this infection do in dogs?







# How might your vet suspect this infection?

- Symptoms?
  - Diarrhea, vomiting, weight loss, poor appetite
- Suspicion of infection?
  - Infected housemate or history of exposure to water
  - Incidental finding from abdominal x-rays or ultrasound
- Testing?
  - Routine fecal testing ("flotation") does not detect this parasite
  - Requires fecal sedimentation or PCR test



# How do you treat this infection?

- Combo therapy
  - Fenbendazole (Panacur) longer duration (10 days)
  - Praziquantel- higher dose, every 8 hours for 3 days
- Treatment can be very hard on patient and expensive
  - Patients already sick, feel worse
  - Anaphylactic reactions possible
- Treatment may need to be repeated?
- Lifestyle/environment modification?



### My journey with Heterobilharzia americana





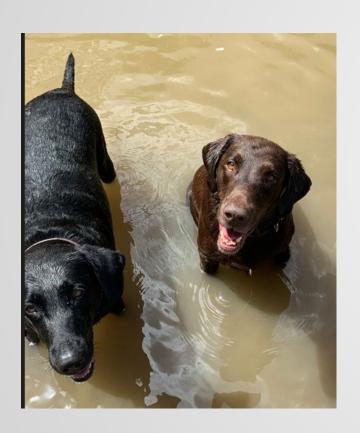


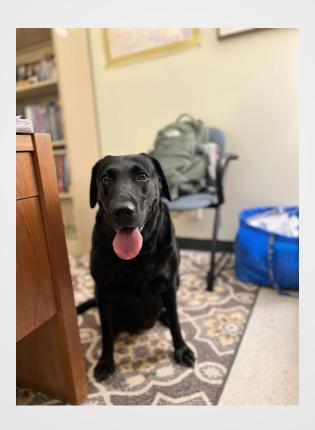
#### My journey with Heterobilharzia americana

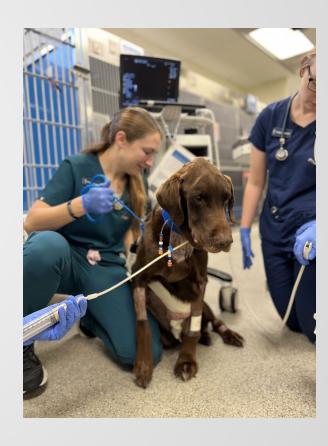




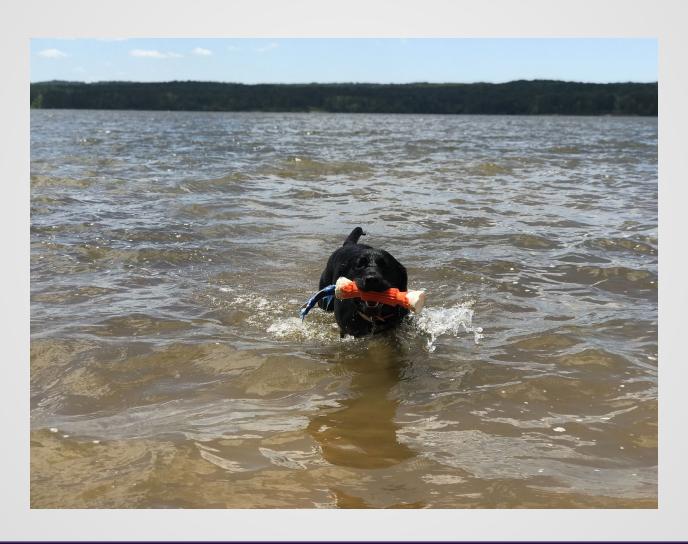
### My journey with Heterobilharzia americana







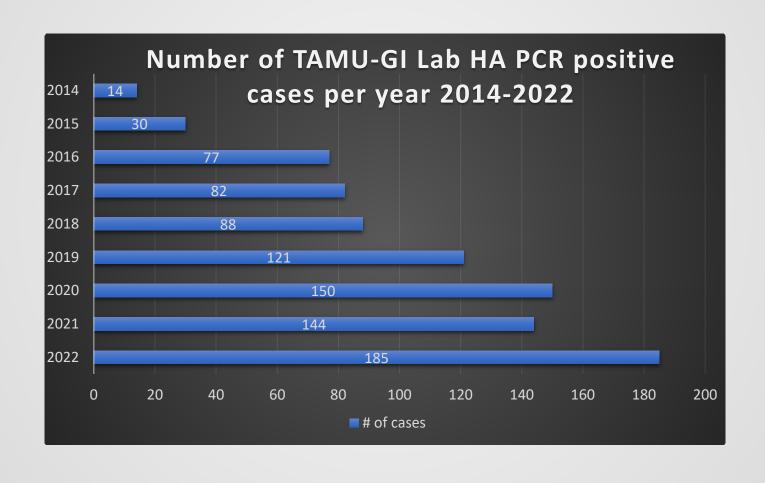
# And now I am mad...



# What do we know?

- We know about dogs who are infected when they become sick- if even then?
- We know that many veterinarians, particularly outside Texas are NOT familiar with this disease
- At least 50% of dogs spend time in freshwater
  - · Labrador Retrievers are the breed most commonly diagnosed
- This infection is not detected by routine parasite screening and routine deworming and preventatives do not protect against
  - ~20% of all dogs have parasites
- This infection causes significant inflammation in the intestines and liver
  - Concern for association with cancer in people (and dogs?)

# What do we know?



### What do we need to know?

- What is the prevalence of infection?
- Should high-risk dogs (especially those who are living in high-risk areas) be screened annually?
- How should this infection be treated?
- Can we give dogs an effective preventative medication?
- Do dogs develop immunity (after infection and treatment)?
- Can we test water or screen for snails?
- If prevalence is high, how do we increase awareness of the disease in veterinarians in other parts of the country?

# My project



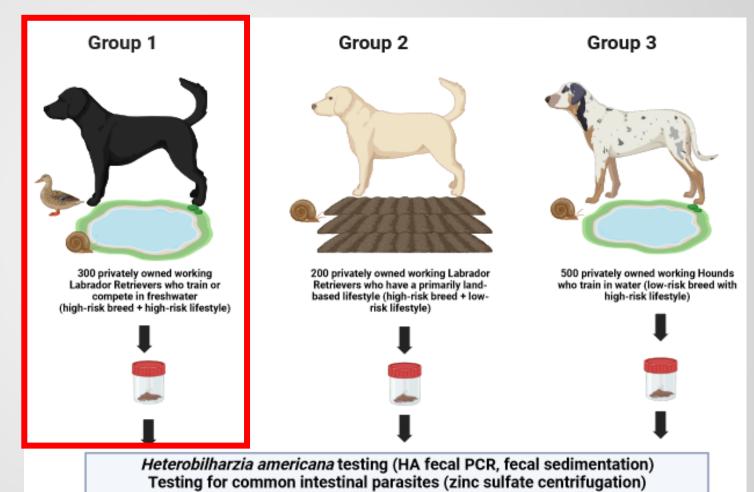
#### Long term goal:

Reduce the incidence of illness and death associated with Heterobilharzia americana infection in dogs in the United States

#### **Hypothesis:**

Prevalence of *Heterobilharzia americana* infection in Labrador Retrievers with high-risk work living in TX is **high** 

# Study design



# How to help?



Help me identify **300 Labrador Retrievers** who train/compete/work in water in Texas in 2024-2025

Requirements: fecal sample, questionnaire

#### **Target locations:**

- Club events and competitions
- Training kennels
- Private homes



# My project



#### **Anticipated impact of study:**

- Establish prevalence of infection in a high-risk breed doing high risk work in Texas
- Determine if routine screening for this parasite is indicated in high-risk dogs
- Build foundation for screening all breeds, other regions of the country
- Establish a known group of infected dogs
  - Determine better treatment strategies
  - Get better follow up earlier in infection

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